



**SPECIAL
POINTS OF
INTEREST:**

- **Munich Passes Smoke Free Ordinance**
- **Munich Bar offers Smoke Free Hospitality**
- **Initiated Measure to be on November Ballot**
- **City of Linton Passes Smoke Free Ordinance**

Cavalier County Health District

Newsletter

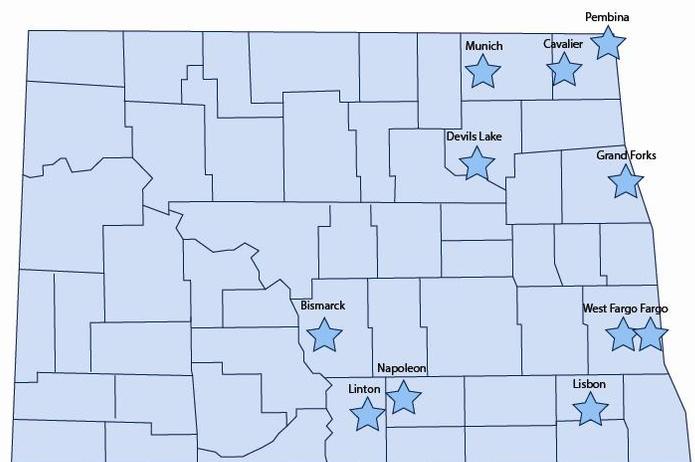
OCTOBER 2012 EDITION

City of Munich Passes Smoke-Free Ordinance

Tobacco Prevention Control Coordinator Steph Welsh said that the Munich City Commission took an enormous step towards improving the health of its citizens and guests by passing a strong clean indoor smoke-free ordinance that protects everyone from secondhand smoke this summer. According to Welsh, there is overwhelming scientific evidence that secondhand smoke is a direct cause of many chronic diseases such as lung cancer, heart disease, and lung and bronchial infections. Some of the health benefits that can be expected from a smoke-free ordinance include:

- Decline in heart attacks and strokes among nonsmokers
- Decline

North Dakota 100% Smoke-Free Laws
As of September 1, 2012



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- Lower smoking initiation rates among teens
- Decline in asthma attacks and respiratory illnesses
- Smoke-free laws also help seven out of every 10 smokers who want to quit smoking by

providing them with public environments free from temptation to smoke.

Cavalier County Public Health extends a sincere congratulations to the Munich city commission for passing a strong smoke-free ordinance. Together, we are saving lives and saving money for North Dakota.

An initiated measure approved by North Dakota voters provides funding to Cavalier County Health District to diminish the toll of tobacco in our state by addressing the number one preventable cause of death and disease: tobacco use.

Munich Bar Offers Smoke Free Hospitality

“The increasing number of smoke-free communities in North Dakota shows there is a growing trend among the citizens in this state to want to breathe clean air and want to be protected against the harmful effects of secondhand smoke no matter where they work.”

*Jeanne Prom
North Dakota Center for
Tobacco Prevention and
Control*

When the City Council of Munich adopted a comprehensive, smoke free ordinance this summer the new management of the Munich bar was in support of the new ordinance. According to the Munich bar operator Sheila States the transition to smoke free has gone well.

“It took a little bit for people to get used to it but overall they are OK with going outside to smoke. We have even gotten some new customers

who say before they avoided coming in, especially on weekends, because of the heavy cigarette smoke,+said States.

Besides being good for business, going smoke-free also provided the perfect opportunity for the management to update the look of the bar with new paint and carpet and a new sports bar oriented theme.

“The place really smells better and provides a better at-

mosphere for enjoying the food and drink options the bar offers,+said States. Cavalier County Health District congratulates the Munich Bar on offering a smoke-free hospitality venue for Cavalier County residents!



11 ND Cities Now Smoke-Free

As of September 1, a total of 11 North Dakota communities are now smoke-free by enacting comprehensive smoke-free policies, bringing the percentage of North Dakotans protected from the harmful effects of secondhand smoke to 38 percent. The latest cities to be added to the growing

list of comprehensive smoke-free cities are Linton, Lisbon and Munich. Linton and Lisbon ordinances went into effect on September 1, and Munich joined the smoke-free ranks on June 1.

North Dakota’s Center for Tobacco Prevention and Control Policy Director

Jeanne Prom said, “The increasing number of smoke-free communities in North Dakota shows there is a growing trend among the citizens in this state to want to breathe clean air and want to be protected against the harmful effects of secondhand smoke no matter where they work.+

Smoke-free Initiated Measure to be on November Ballot

North Dakota voters in November will have the opportunity to decide whether or not to approve a statewide ballot initiative to require smoke-free workplaces and public places, including restaurants and bars.

North Dakota Secretary of State Alvin Jaeger certified the smoke-free initiative for the November 6 ballot after a successful signature-gathering effort by the Smoke-Free North Dakota Campaign. It will be Ballot Measure 4.

The initiative aims to

protect everyone's right to breathe clean, smoke-free air in North Dakota.

If the measure is approved, North Dakota would join 29 states, Washington, D.C., and more than 670 cities that have enacted strong smoke-free laws that include restaurants and bars. All states surrounding North Dakota—Minnesota, Montana and South Dakota—are already smoke-free.

Polling has found that more than 70 percent of North Dakotans support

going smoke-free. Reflecting this strong support, initiative supporters turned in more than 20,000 signatures, far more than the 13,452 needed to put the measure on the ballot. Many North Dakota cities have already enacted strong smoke-free laws, including Bismarck, Cavalier, Devils Lake, Fargo, Grand Forks, Linton, Lisbon, Munich, Napoleon, Pembina, and West Fargo.

Reprinted from the Campaign for Tobacco-Free Kids at <http://www.tobaccofreekids.org>.



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Saving lives, saving money. The voice of the people.



Public Health
Prevent. Promote. Protect.

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BreatheND is the official website and logo of the Center for Tobacco Prevention and Control

Policy, a division of the Tobacco

Prevention and Control Executive Com-

mittee. North Dakota voters passed a

statewide initiated measure that created

the Tobacco Prevention and Control Ex-

ecutive Committee and requires a por-

tion of the money North Dakota receives

from tobacco settlement dollars to be

used for tobacco prevention and control

programs. The Center, along with the

North Dakota Department of Health, lo-

cal public health units and other partners,

is charged with implementing North Da-

kota's comprehensive state tobacco pre-

vention plan: *Saving Lives - Saving Money.*

Linton Passes Comprehensive Smoke Free Ordinance

August 6th, 2012 the Linton City Council voted 4-2 to adopt a comprehensive smoke-free ordinance that makes all indoor public places smoke-free. In June, 67 percent of Linton citizens voted in support of adopting a comprehensive smoke-free ordinance in an advisory vote. While the results of

the vote supported the smoke-free ordinance, it was ultimately up to the city council members to decide whether or not to adopt it. Linton's comprehensive smoke-free ordinance took effect on September 1.

Linton wasn't the only North Dakota city going smoke-free on Septem-

ber 1. Lisbon's newly-adopted comprehensive smoke-free ordinance took effect the same day. Congratulations to Linton and Lisbon for protecting the health of their citizens through local comprehensive smoke-free ordinances!